

How to unpack and use a Face Shield

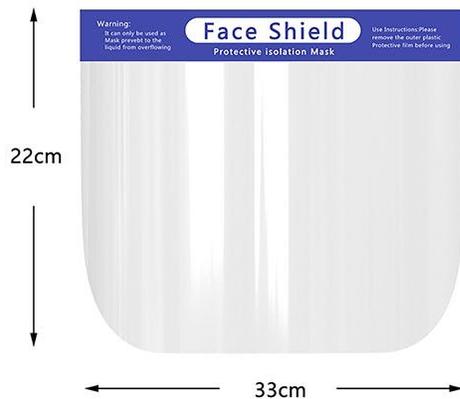
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<https://upriseled.com/product-category/coronavirus-prevention/face-shields/>

Q) What is a Face Shield?

A) A face shield is a simple yet effective form of face defence against direct projected bio aerosols such as coughs and sneezes. When used in conjunction with a face mask (Ideally 95% filtration KN95 / N95 / FFP2-FFP3 equivalent) it offers a formidable defence against air particulates such as viruses, germs or microbes.



Q) How far can a sneeze travel?

A) It's estimated a sneeze can travel a distance of 8-10M's. Not to mention further with directed wind currents. When venturing out it's important to be mindful of the wind and interactions. CVirus is transported mainly via droplets, therefore it is important to limit such droplets from reaching you. Mind your environment and your environment will mind you.

Tel: 0116 406 2959 **Email:** sales@upriseled.com **Web:** www.upriseled.com

Address: Uprise LED Ltd, 19 Lacey Close, Lutterworth, Leicestershire, LE17 4GX

Q) How do I unpack this mask?

A) Short Summary: Due to fast manufacturing and packaging when opening the mask the adhesive used to bond the sponge to the plastic surface may smell slightly. Allow the shield to sit for 15 minutes in a ventilated place for 90%+ of smell to dissipate or 5 hours for it to dissipate 99%+.



The face shield provided by Uprise will arrive in a packaged envelope. We try to be as green as possible and use recycled boxes that have been sitting for 4 weeks. Before picking up any package during this pandemic you should wash your hands before and after handling. When you receive your package carefully open it and remove the Face Shields. The Face Shields will arrive in a clear plastic envelope. Carefully open this and remove the Face Shield.

Due to rapid manufacturing and packaging processes the adhesive used to bond the foam to the plastic shield will smell on first inspection. This is just the trapped adhesive dissipating. Within 10-15 minutes the smell is practically gone. Ideally you could leave the mask in a ventilated area for 5 hours to completely allow the smell to dissipate.

Q) How do I wear this mask effectively?

A) Once you have unpacked the mask and let it air out you can simply pick it up by the elastic band and mount it on the forehead.



Q) Is this mask comfortable?

A) Stevie here, Uprise Director. I've personally tried the mask on straight out of the box and despite being slightly concerned about the adhesive smell put it straight on. If I'm supplying something I'm trying it on first to test it. In my humble opinion it's very comfortable and although I've not used this in a long standing setting I'd imagine it would be bearable. My condolences go out to everyone suffering from this situation and rest assured I'm doing everything I can to help mitigate this spread from a well oiled supply chain point of view. A big thank you to the NHS, medical centres, carers, logistics drivers, retail staff and everyone else doing their bit to help this situation.

Q) Is this mask disposable or can it be re-used?

A) Short Summary: In high risk areas of active contamination such as hospitals/medical centres the mask should be disposed of after each use. This is to avoid cross contamination from touch to touch activity. In lower risk day to day general applications it can be reused IF it is washed thoroughly after each use. Ideally lye based bars of soap with water and sponge as this is known to destroy viruses at a chemical level.

This depends on the environment it is used in. Typically we supply this for general purpose protection i.e logistics drivers, retail, carers or care homes whereby PPE may be limited. We'd advise that the face shield is disposed of after each use ideally as the risk of contamination can be high. However that said it's for you to use your best judgement in your environment. For example a hospital that is exposed to constant cases of CVirus should dispose of their PPE as often as possible. This is to avoid cross contamination. We supply these face shields to hospitals and medical practises dealing with Covid19 as a "last resort" when PPE is in short supply. This is a backup in that respect. However in most general day to day applications where risk of CVirus is lower these masks could be thoroughly wiped down with soap water and re-used.

It's important to understand the risks of wearing a face shield. But also understand the risk of not wearing one as well. The risk of wearing one is that if the mask is not disposed of if CVirus is present on the mask then it could spread by touch. Therefore it is vitally important to either dispose of it carefully in high probably contamination areas or wash it thoroughly in soapy (lye based hand soaps are best) water.

Please use best judgement and common sense when using a Face Shield. In combination with a face mask it offers a strong defence but it is not a panacea (cure for all ills).

Q) How can I personally help mitigate the spread of CVirus?

A) Short Summary: Keep calm, realise fear is a good thing. It means your senses are working. Face fear effectively and constructively. Wear a simple 3 ply disposable mask or KN95 / N95 / FFP2-FFP3 equivalent when venturing out to the store for food. This protects your neighbour and you.

Detailed:

Firstly keep calm, realise fear is natural and that it's not about having no fear but about facing it head on effectively and constructively. At this time it's important to work hard as best you can to support your family, community and country. Understanding potential viral threats and working towards countering them. Secondly, a simple 3 ply disposable face mask worn when venturing out to social hotspots such as Food Stores. These places are filled with people that may not be aware of how they could spread the virus themselves. It's therefore important to lead the way by wearing a simple 3 ply mask. You do this to offer yourself a level of protection but more importantly if you are asymptomatic (this means you may have the virus but show no symptoms) then you can protect others. Then you can kindly explain why you are wearing the mask to others and hopefully they will do the same and protect you.

You wear a mask to protect your neighbour and they wear one to protect you.

“A man travels the world over in search of what he needs and returns home to find it” - George Augustus Moore

Hey, Stevie here. Uprise founder.

Recently I travelled the world in search of wisdom and adventure. From achieving a road trip around the continent of Australia in a 2 wheel drive nissan pulsar to motorbiking the great Ha Jiang loop in Vietnam. A month travelling in a TukTuk around Sri Lanka known for its Ayurvedic medicine as well as finding hidden knowledge in Thailand. Enjoying the natural beauty of Bali and seeing how Singapore has balanced technology with nature beautifully. Each journey a lesson and each lesson a destiny. I returned back to England late 2019 and then this virus hit. Taking my expertise in digital LED lighting, creative visuals and importation I wanted to focus on doing everything I can to help mitigate this spread. Hence following my heart and moving towards revivification, renewal and healing. That is what our emblem represents, the phoenix egg. A positive force that comes around once every 100 years. Out of the ashes of the old into the new.



Right now I'm working 7 days a week and each day presents new challenges, challenges that I aim to meet head on with passion and hope. As a valued member of team Uprise your feedback is always welcome. Thanks for your faith in us and stay safe. We welcome all volunteers at this time to spread the message.

CoronaVirus Mission Statement: “Our mission at Uprise right now is to get as much PPE into the UK as possible to protect the NHS, carers, logistics drivers, retail front of staff and general populace in need. We believe this will help alleviate pressure on the NHS and other medical professionals from the ground up. With great compounded results over time. This is achieved by reducing the spread of the virus in every day interactions through Face Shields, Disposable 3 Ply Masks and even Copper Surfaces”



Nine Arch Bridge, Sri Lanka

Stephen John Watts